



Parksville Lawn Bowling Club
Guidelines for Phase 1 Bowling

Training/Coaching & Player Development

June 22, 2020

Date Approved

PHASE 1 RETURN TO PLAY (RTP) GUIDELINES

1. GENERAL REQUIREMENTS:

- 1.1 Phase 1 bowling will be restricted to Practice/Training and Player Development. Practices may include personal games and the keeping of the scores. There are to be NO club sanctioned games or tournaments under Phase 1 Return to Play (RTP).
- 1.2 Club officials or appointed monitors will be responsible for the setting up of Sanitizing Stations (i.e. anti-bacterial sprays, hand soap, and hand wipes) at the entrance of all facilities and outside on the green. Signs will be posted indicating the location of these Sanitizing Stations. These materials will be provided by the Club, but members are encouraged to bring their own sanitizer and PPE, such as face masks and gloves. A supply of gloves will be available for emergency use.
- 1.3 All club members attending the club grounds must read, understand and agree to comply with these Guidelines.
- 1.4 All club members attending the club grounds must sanitize their hands upon entering the property.
- 1.5 All club members attending the club grounds must complete, date and sign the COVID-19 Symptom Screening Questionnaire prior to entering or using the green or facilities. The Symptom Screening Questionnaire must be completed every time a member enters the property.
- 1.6 Only members who have a confirmed booking time for use of the green will be allowed on the property.
- 1.7 Physical distancing by staying a minimum of two meters away from each other at all times will be practiced. Signs to this effect will be posted at appropriate locations throughout the Club premises.
- 1.8 When waiting in-line to sign or provide the required documentation on entering the Club premises, members will observe physical distancing by standing on the marked lines every 2-meters.

2. CLUBHOUSE:

- 2.1 The clubhouse, including the patio will be closed to all members. There will be no use of kitchen or bar facilities, washrooms or any other clubhouse facilities. The only exception will be the use of the washroom in an emergency. In these circumstances the appointed monitor will provide the necessary access to the clubhouse.
- 2.2 Only the handicap washroom will be available for emergency. Sanitizing the washroom according to the procedure posted, will be the responsibility of the individual making use of the facility.
- 2.3 Water fountains will be closed. Bowlers should bring their own water in a container marked with their name.

3. BOWLS SHEDS:

- 3.1 All members must remove their bowls and other personal items from the bowls sheds and bring them to the Club whenever they have booked a practice time. Access to remove bowls will be pre-arranged and only one person at a time will be allowed, no waiting in-line.
- 3.2 A maximum of one person will be allowed in the bowls shed at any one time to sign out Club bowls. No waiting in-line will be allowed.
- 3.3 Persons using Club bowls will sign them out and take the bowls home. The bowls will be brought to the Club for each practice session for the entire duration of Phase 1 RTP. The bowls will be sanitized before being returned to the Club.

4. EQUIPMENT SHED:

- 4.1 Each training day the appointed monitor will put out the jacks, delivery mats and sanitizing supplies for use for the day. No other persons will be allowed in the equipment shed.
- 4.2 The equipment shed will be equipped with its own Sanitizing Station.
- 4.3 Club rakes, large mats and scoreboards are not to be used. Club delivery mats will be used and sanitized by the appointed monitor before and after each session.
- 4.4 Only Club jacks will be used during practice/training and will be sanitized by the appointed monitor before and after use.
- 4.5 Jacks and delivery mats are to be used for only one practice session before being sanitized by the appointed safety monitor/volunteer.
- 4.6 Safety personnel will wear appropriate PPE when sanitizing jacks and delivery mats.

5. ON THE GREENS:

- 5.1 If bowlers are feeling unwell, regardless of the symptoms, they are to stay home.
- 5.2 Designated time slots will be set up for all practice/training. Members wishing to practice during that week can book a time and rink on-line. There will be an appointment system for practice/training. Practice/training times must be prior approved and NO bowlers are to be at the facility unless they have an appointment to train. Bowlers are to arrive for training no more than ten (10) minutes before start time. Bowlers must vacate the premises immediately after practice/training. There will be no overlap of bowlers on any rink.
- 5.3 A copy of the appointment schedule will be maintained by the Club in case of a suspected outbreak at the Club.
- 5.4 Bowlers will use their own bowls. If Club bowls are used, the protocol for using Club bowls is outlined in sections 3.3.
- 5.5 Delivery mats will be placed at the 3-meter mark to provide physical spacing behind the mat.
- 5.6 One person in each rink will be designated to set the jack and place the delivery mat.

- 5.7 Bowlers are not to visit with other people. Bowlers are to stay on their assigned rink and maintain physical distancing.
- 5.8 Bowlers will not bring visitors with them to the Club during scheduled practice times.
- 5.9 Bowlers will bring their own water and will place their full name on the water bottle.
- 5.10 Bowlers will take home their own waste material.

6. BOWLS ACTIVITIES:

- 6.1 No handshakes, fist bumps, high fives or any other forms of direct physical touching allowed. Two-meter physical distancing to be maintained at all times.
- 6.2 Each rink used should have ready access to sanitizer products.
- 6.3 It is recommended that bowlers put on their bowling shoes immediately after entering the property. The benches on the upper bank must be used for this purpose. These benches will be disinfected before each session.
- 6.4 In addition, two benches on both the east and west sides of the green will be disinfected before each session. Each of these benches will have a sanitizing station at one end and will be chosen on the basis of providing easy access to the rinks in use.
- 6.5 When changing ends, maintain the 2-meter physical distancing at all times,
- 6.6 One person in each rink will be designated to handle the jack. The jack will be placed on each end using either a foot or a sanitized jack setter. If using a jack setter, one person will be designated to perform this duty.
- 6.7 Measuring of shots by eye only (no measures to be used); if you can't agree, no score.
- 6.8 Only every alternate rink will be used on the greens. This means a maximum of four rinks in use at any one time.
- 6.9 There will be a maximum of four bowlers allowed on each rink.
- 6.10 No bowling will be allowed if it is raining, as this will nullify the disinfectant applications.

7. MEDICAL:

- 7.1 All bowlers attending their first practice session must read, understand, sign and turn-in the Liability Waiver and the daily Symptom Screening Questionnaire. If the bowlers have not completed both forms, they will NOT be allowed to enter the premises.
- 7.2 Symptom Screening Questionnaires must be completed each time bowlers, volunteers and coaches attend the club.
- 7.3 If after you leave the green and at any time after you have been at the Club you feel unwell, you are to contact your Health Officer immediately and also inform the Club President, Coach or other Executive Member.
- 7.4 It is every bowler's responsibility to help and ensure the safety of all and to make a timely report to a member of your club's Executive Committee in this instance.

7.5 In the event of a suspected case or outbreak of influenza-like-illness, the Club will discuss the outbreak with the Medical Health Office (or delegate) of the local health authority.

8. COACHING:

8.1 Coaching will take place with no more than two bowlers.

8.2 The coaches and bowlers will practice physical distancing of two meters.

8.3 The Coach will ensure that all coaching aids are sanitized before and after each use.

8.4 Members must contact the Head Coach to arrange a coaching session.

9. GREENS MAINTENANCE:

9.1 Mowing will be scheduled on non-bowling days.

9.2 A maximum of 2-person teams will work on the green.

9.3 Mowers, rollers and other equipment used (i.e. hand carts) will be wiped down with disinfectant solution prior to being used.

9.4 Personnel will be responsible for providing their own PPE. Extra gloves will be available on-site, if required.

9.5 Personnel will be responsible for maintaining physical distancing at all times while on site.

9.6 Bacterial solution (minimum 70% alcohol) for wiping down hands will be available on-site.

9.7 All adjustments to machines will be done by the Greenskeeper (or designate) as required.

9.8 Maintenance personnel will depart the club as soon as possible following completion of their tasks.

Symptom Screening

Every person entering the lawn bowling greens/grounds or facilities must complete and sign the below questionnaire EACH time they enter. No person will be allowed to stay at the club if they have not completed the Questionnaire below .

Symptom Screening Questionnaire

1. Do you have any of the following **new or worsening** symptoms or signs?

- | | | |
|--|------------------------------|-----------------------------|
| New or worsening cough | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Shortness of breath | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Sore throat | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Runny nose, sneezing or nasal congestion | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| (in absence of underlying reasons for symptoms such as seasonal allergies and post nasal drip) | | |
| Hoarse voice | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Difficulty swallowing | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| New smell or taste disorder(s) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Nausea/vomiting, diarrhea, abdominal pain | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Unexplained fatigue/malaise | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Chills | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Headache | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

2. Have you travelled outside of Canada or had close contact with anyone that has travelled outside of Canada in the past 14 days?

- Yes No

3. Do you have a fever?

- Yes No

4. Have you had close contact with anyone with respiratory illness or a confirmed or probable case of COVID-19?

- Yes No

If you have answered **YES to any question** you have not passed and **cannot** enter the club grounds, greens or facilities. It is recommended that you contact your medical practitioner and discuss the results of this questionnaire.

Print Member Name

Date

Signature